

## TOUCH QUILT PROJECT

The purpose of the project is to provide Touch Quilts to people with later stages of Alzheimer's disease with an opportunity for sensory stimulation.

Our goals are:

1. To increase acceptance and support of people living with dementia, resulting in reduction of stigma.
2. To provide individuals in the later stages of Alzheimer's disease and other dementia with an opportunity for sensory stimulation.
3. To provide professional caregivers with an opportunity for education about sensory stimulation.
4. To increase community knowledge of brain health, prevention and the importance of early diagnosis.
5. To build community relationships, and provide the Alzheimer Society with further contacts and opportunities for public education, volunteer recruitment, participation in educational and fund raising events.

These quilts provide sensory stimulation to people with Alzheimer disease or another type of dementia. Sensory Stimulation has proven to:

- Increase happiness, enjoyment and relaxation
- Lessened sadness and fear
- Increased attentiveness to environment
- Increased communication
- Reduced incidents of reactive behaviours
- Improved staff morale

Today, over 1,000 people are affected with Alzheimer's disease throughout the Kenora and Rainy River Districts.

Contact us to get involved today!

Alzheimer Society of Kenora/Rainy River Districts

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